

School Weekly Menu

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

Homemade Pancakes, or Syrniki or Apple Pie with Milk

Cereal with Milk and / or Organic Yogurt

Cereal with Milk and / or Croissants

Homemade Pancakes or Syrniki or Apple Pie with Milk

Cereal with Milk and / or Bagel with Cream Cheese

LUNCH

Soup – Borsch

Salad—Fresh Lettuce, Cucumbers and Tomatoes

Chicken nuggets with macaroni

Soup – Chicken Pasta

Fresh Carrots or Fresh Salad

Rice Pilaf with Chicken

Soup – Chicken Meatball

Salad—Fresh Lettuce, Cucumbers and Tomatoes

Fish stick with mashed potatoes

Soup – Chicken Rice

Fresh Cherry Tomatoes or Fresh Salad

Ground beef with macaroni

Soup – Chicken Pasta

Salad—Fresh Lettuce, Cucumbers and Tomatoes

Buckwheat with Chicken Stew

SNACK

Wheat Thins/
Cheese Stick
Fresh Carrots
Water

Preschool

Yogurt/Fresh Fruit

Turkey or Cheese Sandwich

Organic Animal Cookies

Fresh Tangerines or Mandarins Water

Skinny Popcorn
Cheese Sticks
Organic Animal Cookies
Water

Preschool

Wheat Thins
Cheese Sticks
Fresh Fruit

Organic Yogurt
Fresh Apple or Organic Apple Sauce
Organic Animal Cookies
Water

Wheat Thins
Babybel Cheese
Fresh Oranges
Water

Preschool

Pirate Booty
Organic Animal Cookies
Fresh Fruit



Subject to change without notice.

