

School Weekly Menu

Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

- ✓ Cereal with Milk
- ✓ Croissant

- ✓ Cereal with Milk
- ✓ Organic Yogurt

- ✓ Cereal with Milk
- ✓ Syrniki (*Farmer Cheese Pancakes*)

- ✓ Cereal with Milk
- ✓ Organic Yogurt

- ✓ Cereal with Milk
- ✓ Bagel with Cream Cheese

LUNCH

- ✓ Chicken Rice Soup
- ✓ Salad (Fresh Lettuce, Cucumbers, & Tomatoes)
- ✓ Chicken Cutlets with Macaroni

- ✓ Chicken Pasta Soup
- ✓ Fresh Carrots or Fresh Salad
- ✓ Rice Pilaf with Chicken

- ✓ Chicken Meatball Soup
- ✓ Salad (Fresh Lettuce, Cucumbers, & Tomatoes)
- ✓ Fish Sticks with Mashed Potatoes

- ✓ Soup - Borscht
- ✓ Fresh Cherry Tomatoes or Fresh Salad
- ✓ Ground Beef with Macaroni

- ✓ Chicken Pasta Soup
- ✓ Salad (Fresh Lettuce, Cucumbers, & Tomatoes)
- ✓ Chicken Stew with Buckwheat

SNACK

- ✓ Wheat Thins
- ✓ Cheese Sticks
- ✓ Fresh Carrots

- ✓ Turkey / Cheese Sandwich
- ✓ Fresh Tangerines / Mandarins
- ✓ Organic Animal Cookies

- ✓ Bagel with Cream Cheese
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies

- ✓ Organic Yogurt
- ✓ Fresh Apple / Organic Apple Sauce
- ✓ Organic Animal Cookies

- ✓ Wheat Thins
- ✓ Cheese Sticks
- ✓ Fresh Carrots

Preschool

- ✓ Fresh Baked Apple Pie
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies

Preschool

- ✓ Turkey / Cheese Sandwich
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies

Preschool

- ✓ Homemade Pancakes
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies



Fresh • Healthy • Delicious