

# School Weekly Menu

Monday

Tuesday

Wednesday

Thursday

Friday

## BREAKFAST

Homemade Pancakes, or Syrniki or Apple Pie with Milk

Cereal with Milk and / or Organic Yogurt

Cereal with Milk and / or Croissants

Homemade Pancakes or Syrniki or Apple Pie with Milk

Cereal with Milk and / or Bagel with Cream Cheese

## LUNCH

Soup – Borsch

Soup – Chicken Pasta

Soup – Chicken Meatball

Soup – Chicken Rice

Soup – Chicken Pasta

Salad—Fresh Lettuce, Cucumbers and Tomatoes

Fresh Carrots or Fresh Salad

Salad—Fresh Lettuce, Cucumbers and Tomatoes

Fresh Cherry Tomatoes or Fresh Salad

Salad—Fresh Lettuce, Cucumbers and Tomatoes

Chicken nuggets with macaroni

Rice Pilaf with Chicken

Fish stick with mashed potatoes

Ground beef with macaroni

Buckwheat with Chicken Stew

## SNACK

Wheat Thins/ Cheese Stick

Turkey or Cheese Sandwich

Skinny Popcorn  
Cheese Sticks

Organic Yogurt

Wheat Thins  
Babybel Cheese

Fresh Carrots

Organic Animal Cookies

Organic Animal Cookies

Fresh Apple or Organic Apple Sauce

Fresh Oranges

Water

Fresh Tangerines or Mandarins  
Water

Water

Organic Animal Cookies

Water

Preschool

Preschool

Preschool

Yogurt/Fresh Fruit

Wheat Thins  
Cheese Sticks  
Fresh Fruit

Water

Pirate Booty  
Organic Animal Cookies  
Fresh Fruit



Subject to change without notice.

