



School Weekly Menu



Monday

Tuesday

Wednesday

Thursday

Friday

BREAKFAST

- ✓ Cereal with Milk
- ✓ Croissant



- ✓ Cereal with Milk
- ✓ Organic Yogurt



- ✓ Cereal with Milk
- ✓ Syrniki (Farmer Cheese Pancakes)



- ✓ Cereal with Milk
- ✓ Organic Yogurt



- ✓ Cereal with Milk
- ✓ Bagel with Cream Cheese



LUNCH

- ✓ Chicken Rice Soup
- ✓ Salad (Fresh Lettuce, Cucumbers, & Tomatoes)
- ✓ Chicken Cutlets with Macaroni



- ✓ Chicken Pasta Soup
- ✓ Fresh Carrots or Fresh Salad
- ✓ Rice Pilaf with Chicken



- ✓ Chicken Meatball Soup
- ✓ Salad (Fresh Lettuce, Cucumbers, & Tomatoes)
- ✓ Fish Sticks with Mashed Potatoes



- ✓ Soup - Borscht
- ✓ Fresh Cherry Tomatoes or Fresh Salad
- ✓ Ground Beef with Macaroni



- ✓ Chicken Pasta Soup
- ✓ Salad (Fresh Lettuce, Cucumbers, & Tomatoes)
- ✓ Chicken Stew with Buckwheat



SNACK

- ✓ Wheat Thins
- ✓ Cheese Sticks
- ✓ Fresh Carrots



- ✓ Turkey / Cheese Sandwich
- ✓ Fresh Tangerines / Mandarins
- ✓ Organic Animal Cookies



- ✓ Bagel with Cream Cheese
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies



- ✓ Organic Yogurt
- ✓ Fresh Apple / Organic Apple Sauce
- ✓ Organic Animal Cookies



- ✓ Wheat Thins
- ✓ Cheese Sticks
- ✓ Fresh Carrots



Preschool

- ✓ Fresh Baked Apple Pie
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies



Preschool

- ✓ Turkey / Cheese Sandwich
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies



Preschool

- ✓ Homemade Pancakes
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies



Preschool

- ✓ Fresh Baked Apple Pie
- ✓ Fresh Fruit
- ✓ Organic Animal Cookies

